

How many ways can you throw and catch a ball?

Key Vocabulary	Basketball
Possession	Having control of the ball.
Dribbling	Bouncing the ball continuously with one hand while moving.
Passing	Throwing the ball to a teammate. Eg chest pass, bounce pass
Score	To earn points by getting the ball through the hoop.
Chest pass	A two-handed pass thrown from the chest directly to a teammate.
Shoot	To try to score by throwing the ball toward the hoop.
Space	Open area on the court that players can move into to get free from defenders.

Steps to Success in Basketball

To pass/send a ball with increasing accuracy

To move with the ball keeping it under control

To pass the ball in different ways

To find and use space well to keep possession

To apply basic attacking and defending principles

To play in small sided games, employing simple tactics

